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### THE BASIC RIGHTS OF PARENTS

1. Parents have the right to expect their rights to be respected in the same way that they recognize their children's rights.
2. Parents have a right to be treated as people and not to be taken advantage of, even when they sometimes seem to be asking for it.
3. Parents have a right not to be nagged at constantly when they have given a "no" for an answer.
4. Parents have the right to know their children's friends and should be interested enough in their children's friends to know their names and who their families are.
5. The adult emerging in your child should be able to find support and companionship in the adult within you.
6. Each parent should be able to see in his child the adult he seems to be becoming. The child in you should want to play with your children.
7. Each child should be able to see in his parents the children they previously were.

From: How to Live With Another Person  
By David Viscott, M.D.

Read on PEACE FOR TODAY  
By Ken Haystead  
February 12, 2010